

IFA ANTI-DOPING PROGRAM 2023

Part I: IFA Test Distribution Plan (TDP)

Following the principles of the World Anti-Doping Code (Code) and the updated IFA strategic plan 2020 – 2023 IFA agrees to make its testing program more efficient and intelligent and to support the IFA member federations re WADA Anti-Doping Code compliance.

IFA Testing Pool (TP) 2023 effective as of 1 June 2023

Regarding to the IFA Anti-Doping regulation as laid down in the 2021 IFA ANTI-DOPING RULES (Version: October 2020, valid 1.01.2021) Article 5.6.6. IFA establishes a Testing Pool (TP) of three (3) athletes based on the team results of the prior IFA World Championships and a regional distribution.

The members of the TP will be selected by the IFA Medical & Anti-Doping Committee. The members of the TP will be informed immediately after the decision by the IFA Anti-Doping Administrator as well as the list of members of the TP will be published on the IFA website.

According to Article 5.6.6. these athletes nominated to the TP have to provide to IFA at least the following whereabouts information by ADAMS:

- an up-to-date e-mail address,
- training whereabouts (including usual training venue/s addresses and usual timing of the training) and
- all national team activities (including training, camps and matches with accurate schedules and addresses)

Consequences of a failure of the athlete to submit this reduced set of whereabouts information could result in a sanction taken by the IFA Board of Directors to classify the respective athlete in an IFA Registered Testing Pool (RTP) with full whereabouts requirements as per Article 5.6.1. of the IFA Anti-Doping rules.

Male athletes (3):

- Patrick Thomas (GER) ADAMS ID#: THPAMA01465
- Karl Muellehner (AUT) ADAMS ID#: MUKAMA95912
- Raphael Schlattinger (SUI) ADAMS ID#: SCRAMA00015



facebook.com/IFA.Fistball
instagram.com/ifafistball
www.fistball.tv

President: Jörn Verleger | Secretary General: Christoph Oberlehner

Vice Presidents: Giana Hexsel, Vikki Buston, Steve Schmutzler

Treasurer: Roland Schubert | Chair of the Sports Commission: Gastao Englert

ZVR 071465855/Bank Account IBAN: AT41 2032 0321 0039 5106 | BIC/SWIFT: ASPKAT2LXXX

Institut Name: Sparkasse Oberösterreich, Promenade 11-13, 4020 Linz, Austria



Technical Document for Sport Specific Analysis (TDSSA)

The Technical Document for Sport Specific Analysis (TDSSA) fixes that 5% of the IFA Testing Pool tests must be on:

- Erythropoiesis Stimulating Agents (ESAs)
- Human Growth Hormone (GH) and Growth Hormone Releasing Factors (GHRFs)

That means IFA will do one test as blood test, whilst all the others remain urine.

Out-of-Competition testing (OOCT)

Total number of OOCT: 2

Number of OOCT blood tests: 1

In-Competition testing (ICT)

Total number of ICT: 4

Sample retention and re-analysis strategy

Due to the facts the Fistball is a low risk sport and IFA has very limited financial possibilities IFA is currently not in a position to storage samples for re-analysis at a later date.

Part II: IFA Anti-Doping Education Program

According to Article 19 IFA Anti-Doping Rules IFA has established an IFA Anti-Doping Education Program to increase awareness of the fight against doping in sports.

The basic principle for the IFA Anti/Doping Education Program is to preserve the spirit of sport. It is also to provide Athletes with the information, values and life skills they need to remain clean. An education program is a mandatory element of any prevention program.

As part of this IFA Anti-Doping Education Program IFA invites all athletes to use the Anti-Doping e-Learning Platform (ADEL). The program is designed to give athletes the information they need about the dangers of doping and the importance of anti-doping controls.

IFA provides in cooperation with the respective regional Fistball Association Anti-Doping information and/or information booth at the following events:

- World Fistball Day on 30th January each year
- IFA 2023 Fistball Men´s World Championship Mannheim (Germany) 22-29 July
- IFA Athletes´ Forum (tbc)
- IFA 2023 Youth Congress (tbc)

Furthermore IFA promotes the WADA online seminars on its social media channels and provides all relevant WADA material on its homepage including access to the Anti-Doping Education and Learning platform (ADEL), the online Anti-Doping education tool “coach true” and the online PLAY TRUE QUIZ and the YOUTH QUIZ.